

Forest Sangha Calendar

2019 ❁ 2562

This 2019 calendar has been sponsored for free distribution
by the Kataññutā group of Malaysia, Singapore and Australia.
It features pictures by a variety of photographers.
We are grateful for their generous contribution.

Cover: photo of the Buddha rupa in the Uposatha Hall at Wat Pah Nanachat, NE Thailand

Scriptural quotes on each page are English renderings of texts from the Pali Canon.

The translations are extracts from the Dhammapada interpretation:

A Dhammapada for Contemplation, © Aruno Publications,
available for free download at:

<https://forestsangha.org/teachings/books/a-dhammapada-for-contemplation?language=English>

Please note that these are not literal translations. For further renderings please refer to other works.

Appreciation is expressed to all who have offered assistance with this production.

LUNAR OBSERVANCE DAYS

These days are devoted to quiet reflection at the monastery. Visitors may come and take the precepts for the day and join in all or part of the extended evening meditation.

The dates for the lunar calendar are determined by traditional methods of calculation, and are therefore not always the same as the precise astronomical occurrences.

THE MAJOR FULL MOON DAYS FOR 2019 / 2562

Māgha Pūjā · February 19 ('Sangha Day')

Commemorates the spontaneous gathering of 1250 arahants to whom the Buddha gave the exhortation on the basis of the Discipline (*Ovāda Pāṭimokkha*).

Vesākha Pūjā · May 18 ('Buddha Day')

Commemorates the birth, enlightenment and passing away of the Buddha.

Āsāḷhā Pūjā · July 16 ('Dhamma Day')

Commemorates the Buddha's first discourse, given to the five *samaṇas* in the Deer Park at Sarnath, near Varanasi. The traditional Rainy-Season Retreat (*Vassa*) begins on the next day.

Pavāraṇā Day · October 13

This marks the end of the three-month *Vassa* retreat. In the following month, lay people may offer the *Kaṭhina*-robe as part of a general alms-giving ceremony.

WEB ADDRESS FOR THIS FOREST SANGHA COMMUNITY

www.forestsangha.org

Calendar design & production by Aruno Publications

Aruna Ratanagiri Buddhist Monastery

www.ratanagiri.org.uk

© Aruno Publications 2018



Only blessings can arise from seeking the company of wise and discerning persons,
 who skilfully offer both admonition and advice as if guiding one to hidden treasure.

Dhammapada 76

January

2019/2562

M	T	W	T	F	S	S
	1	2	3	4	5 ●	6
7	8	9	10	11	12	13 ◐
14	15	16*	17	18	19	20 ○
21	22	23	24	25	26	27
28 ◐	29	30	31			

*Jan 16: Ajahn Chah Memorial Day

Jan 5 ● 14 days Hemanta 3/8
 Jan 20 ○ 15 days Hemanta 4/8



Blessed is the arising of a Buddha; blessed is the revealing of the Dhamma;
blessed is the concord of the Sangha; delightful is harmonious communion.

Dhammapada 194

February

2019/2562

M	T	W	T	F	S	S
				1	2	3
4 ●	5	6	7	8	9	10
11	12 ◐	13	14	15	16	17
18	19* ○	20	21	22	23	24
25	26	27 ◑	28			

*Feb 19: Māgha Pūjā

Feb 4 ● 15 days Hemanta 5/8
Feb 19 ○ 15 days Hemanta 6/8



Let the wise guide beings away from darkness, give direction and advice.
They will be treasured by the virtuous and dismissed by the foolish.

Dhammapada 77

March

2019/2562

M	T	W	T	F	S	S
				1	2	3
4	5 ●	6	7	8	9	10
11	12	13 ◐	14	15	16	17
18	19	20 ○	21	22	23	24
25	26	27	28 ◑	29	30	31

Mar 5 ● 14 days Hemanta 7/8
Mar 20 ○ 15 days Hemanta 8/8



Tasting the flavour of solitude and the nectar of unshakeable peace,
 those who drink the joy that is the essence of Truth abide free from fear of evil.

Dhammapada 205

April

2019/2562

M	T	W	T	F	S	S
1	2	3	4 ●	5	6	7
8	9	10	11	12 ◐	13*	14
15	16	17	18	19 ○	20	21
22	23	24	25	26	27 ◑	28
29	30					

* Apr 13: Thai New Year, Songkran

Apr 4 ● 15 days Gimha 1/8
 Apr 19 ○ 15 days Gimha 2/8



Devotion and respect should be offered to those
who have shown us the Way.

Dhammapada 392

May

2019/2562

M	T	W	T	F	S	S
		1	2	3 ●	4	5
6	7	8	9	10	11 ◐	12
13	14	15	16	17	18* ○	19
20	21	22	23	24	25	26 ◐
27	28	29	30	31		

* May 18: Vesākha Pūjā

May 3 ● 14 days Gimha 3/8
May 18 ○ 15 days Gimha 4/8



The sun shines by day, the moon shines by night.
 But both all day and all night the Buddha shines
 in glorious splendour.

Dhammapada 387

June

2019/2562

M	T	W	T	F	S	S
					1	2 ●
3	4	5	6	7	8	9
10 ◐	11	12	13	14	15	16
17* ○	18	19	20	21	22	23
24	25 ◑	26	27	28	29	30

*Jun 17: Ajahn Chah's Birthday

Jun 2 ● 15 days Gimha 5/8
 Jun 17 ○ 15 days Gimha 6/8



A renunciate who abides in loving-kindness,
with a heart full of devotion for the Buddha's teaching,
will find peace, stillness and bliss.

Dhammapada 368

July

2019/2562

M	T	W	T	F	S	S
1 ●	2	3	4	5	6	7
8	9 ◐	10	11	12	13	14
15	16* ◐	17* ◐	18	19	20	21
22	23	24 ◐	25	26	27	28
29	30	31 ●				

* Jul 16: Āsālhā Pūjā

◐ Jul 17: First Day of Vassa

Jul 1 ● 14 days Gimha 7/8

Jul 16 ◐ 15 days Gimha 8/8

Jul 31 ● 15 days Vassāna 1/8








The Buddha's perfection is complete; there is no more work to be done.
 No measure is there for his wisdom; no limits are there to be found.
 In what way could he be distracted from truth?

Dhammapada 179

August

2019/2562

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8 	9	10	11
12	13	14	15 	16	17	18
19	20	21	22	23 	24	25
26	27	28	29 	30	31	

Aug 15  15 days Vassāna 2/8
 Aug 29  14 days Vassāna 3/8



Having performed a wholesome deed it is good to repeat it, again and again.





Be interested in the pleasure of wholesomeness.

The fruit of accumulated goodness is contentment.

Dhammapada 118

September

2019/2562

M	T	W	T	F	S	S
						1
2	3	4	5	6 	7	8
9	10	11	12	13 	14	15
16	17	18	19	20	21 	22
23	24	25	26	27	28 	29
30						

Sep 13  15 days Vassāna 4/8
 Sep 28  15 days Vassāna 5/8



A renunciate does not oppress anyone.
 Patient endurance is the ultimate asceticism.
 Profound liberation, say the Buddhas, is the supreme goal.

Dhammapada 184


October


2019/2562

M	T	W	T	F	S	S
	1	2	3	4	5	6 
7	8	9	10	11	12	13* 
14	15	16	17	18	19	20
21 	22	23	24	25	26	27 
28	29	30	31			

* Oct 13: Pavāraṇā

♦ Oct 13: Last Day of Vassa

Oct 13  15 days Vassāna 6/8

Oct 27  14 days Vassāna 7/8







One who transforms old and heedless ways into fresh and wholesome acts
brings light into the world, like the moon freed from clouds.

Dhammapada 173

November

2019/2562

M	T	W	T	F	S	S
				1	2	3
4 	5	6	7	8	9	10
11 	12	13	14	15	16	17
18	19 	20	21	22	23	24
25	26 	27	28	29	30	

Nov 11  15 days Vassāna 8/8
Nov 26  15 days Hemanta 1/8









It is wisdom that leads to letting go of a lesser happiness
in pursuit of a happiness which is greater.

Dhammapada 290

December

2019/2562

M	T	W	T	F	S	S
						1
2	3	4 	5	6	7	8
9	10	11 	12	13	14	15
16	17	18	19 	20	21	22
23	24	25 	26	27	28	29
30	31					

Dec 11  15 days Hemanta 2/8
Dec 25  14 days Hemanta 3/8

2019 / 2562

January

M	T	W	T	F	S	S
	1	2	3	4	●	6
7	8	9	10	11	12	☾
14	15	16 ¹	17	18	19	○
21	22	23	24	25	26	27
28	29	30	31			

February

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20 ²	21	22	23	24
25	26	27	28			

March

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13 ³	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17 ⁶	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

August

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

October

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

November

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

December

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

¹ Jan 16: Ajahn Chah Memorial Day

² Feb 19: Māgha Pūjā

³ Apr 13: Thai New Year, Songkran

⁴ May 18: Vesākha Pūjā

⁵ Jun 17: Ajahn Chah's Birthday

⁶ Jul 16: Āsālhā Pūjā

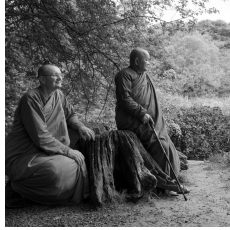
⁷ Jul 17: First Day of Vassa

⁸ Oct 13: Pavāraṇā

⁹ Oct 13: Last Day of Vassa

January

Wat Pah Cittaviveka, U.K.



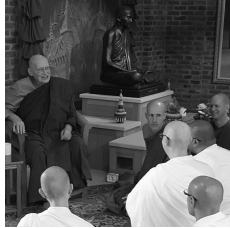
February

Wat Kuean, NE Thailand



March

Wat Amaravati, U.K.



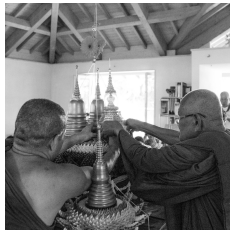
April

National Park, Kanchanaburi, W. Thailand



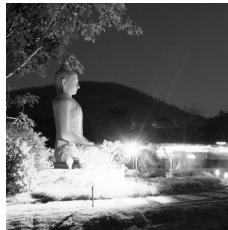
May

Wat Santacittarama, Italy



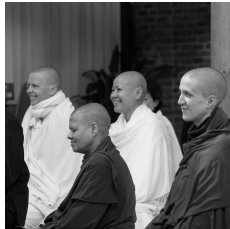
June

Vesākha Puja circumambulation ceremony, Janamara Hermitage, Thailand



July

Wat Amaravati, U.K.



August

Wat Aruna Ratanagiri, U.K.



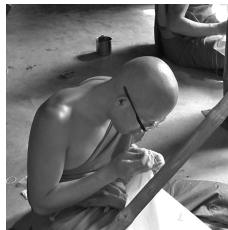
September

Birken Monastery, Canada



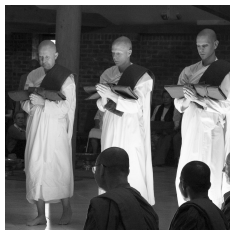
October

Wat Pah Nanachat, NE Thailand



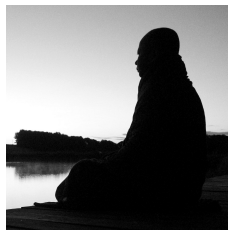
November

Wat Amaravati, U.K.



December

Wat Aruna Ratanagiri, U.K.



BRANCH MONASTERIES

Western disciples of Ajahn Chah

The portal page for this community worldwide is:

www.forestsangha.org

UNITED KINGDOM:

Amaravati Buddhist Monastery
Great Gaddesden
Hemel Hempstead
Hertfordshire, HP1 3BZ
Tel. Office: +44 (0)1442 842 455
Retreat Centre: +44 (0)144 284 3239
www.amaravati.org

Aruna Ratanagiri:
Harnham Buddhist Monastery
2 Harnham Hall Cottages
Harnham, Belsay
Northumberland, NE20 0HF
Tel. +44 (0)1661 881 612
www.ratanagiri.org.uk

Cittaviveka:
Chithurst Buddhist Monastery
Chithurst, Petersfield
Hampshire, GU31 5EU
Tel. +44 (0)1730 814 986
www.cittaviveka.org

Hartridge Buddhist Monastery
Odle Cottage
Upottery
Honiton
Devon, EX14 9QE
Tel. +44 (0)1404 891 251
www.hartridgemonastery.org

SWITZERLAND:

Kloster Dhammapala
Am Waldrand
Bütschelsstrasse 74
CH-3718 Kandersteg
Tel. +41 (0)33 675 21 00
www.dhammapala.ch

ITALY:

Santacittarama
Località Brulla
02030 Poggio Nativo (Rieti)
Tel. +39 0765 872 528
Fax. +39 06 233 238 629
www.santacittarama.org

THAILAND:

Wat Pah Nanachat
Bahn Bung Wai
Amper Warin
Ubon 34310
www.watpahnachat.org

AUSTRALIA:

Buddha Bodhivana Monastery
780 Woods Point Road
East Warburton
Vic 3799
Tel. +61 (3) 5966 5999
Fax. +61 (3) 359 665 998

NEW ZEALAND:

Bodhinyanarama Monastery
17 Rakau Grove
Stokes Valley
Lower Hutt 5019
Tel. +64 (0)4 563 7193
www.bodhinyanarama.net.nz

Vimutti Buddhist Monastery
PO Box 7
Bombay, Auckland 2675
(South Auckland)
Tel. +64 (0)9 236 6816
www.vimutti.org.nz

UNITED STATES:

Abhayagiri Buddhist Monastery
16201 Tomki Road
Redwood Valley, CA 95470
Tel. +1 (707) 485 1630
www.abhayagiri.org

CANADA:

Tisarana Buddhist Monastery
1356 Powers Road
Perth, Ontario K7H 3C5
Phone: +1 (613) 264 8208
www.tisarana.ca

PORTUGAL:

Sumedharama
Caminho do Vale Grande
Fonte Boa Dos Nabos
2655-464 Ericeira
www.sumedharama.pt